



Division of Emergency Management/Homeland Security

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Media Release

Nevada Citizens and Visitors Prepare for Impending Record Breaking Temperatures.

CARSON CITY, NV – The National Weather Service reports a high confidence level in a prolonged and potentially historic heat wave occurring from Friday, June 28th through at least Tuesday, July 2nd throughout Nevada. Excessive Heat Warnings are in effect from 11:00 a.m. Friday through 8:00 p.m. Tuesday. Residents and visitors can expect temperatures to reach forecasted levels ranging from 100 to 117 degrees through July 2nd, with potential to tie or break all-time record highs throughout the state.

Extremely high or unusually hot temperatures can affect your health. On average, 675 deaths from extreme heat events occur each year in the United States. Most vulnerable are the elderly, those who work or exercise outdoors, infants and children, the homeless or poor, and people with a chronic medical condition. Pets are also at risk for heat-related illness, if left unattended. Residents and visitors are encouraged to:

- Remain inside during the hottest hours of the day, if possible.
- Dress in loose, lightweight, and light-colored clothing.
- Avoid strenuous work during the hottest part of the day.
- Stay hydrated; do not wait until thirsty.
- Avoid leaving pets in vehicles or in unprotected outdoor spaces. Provide plenty of water.
- Curtail outdoor activities for vulnerable populations.
- Check on at risk friends, family, and neighbors at least twice per day.
- Know what to do in a heat emergency to recognize signs of heat exhaustion and heat stroke.
- Check your local television broadcasts or radio stations for extreme heat warnings and safety tips.

For more information on safety during this type of heat event, please access information from the following sources:

- Plan Ahead Nevada (p. 16): http://dps.nv.gov/uploadedFiles/dpsnv.gov/content/Citizen/evacuationguide_PAN.pdf
- American Red Cross – Southern Nevada Chapter: <http://www.redcross.org/nv/las-vegas>
- American Red Cross – Northern Nevada Chapter: <http://www.redcross.org/nv/reno>
- CDC Emergency Preparedness and Response: <http://emergency.cdc.gov/disasters/extremeheat/index.asp>
- National Weather Service - Reno: www.wrh.noaa.gov/rev/
- National Weather Service - Elko: www.wrh.noaa.gov/lkn/
- National Weather Service - Las Vegas: www.wrh.noaa.gov/vef/

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